GINGERBREAD WREATHS

Prep + cook time: 1 hour + refrigeration

Makes: 2 Wreaths or 30 medium-sized biscuits

Ingredients

125g (4oz) butter, softened ½ cup (110g) firmly packed brown sugar 1 egg yolk

2 x ¾ cups (405g) plain (all-purpose) flou 1 teaspoon bicarbonate of soda

3 teaspoons ground ginger

½ cup (125ml) golden syrup or treacle icing (confectioners') sugar, to dust

ROYAL ICING

1 egg white

1½ cups (240g) icing (confectioners') sugar, approximately

- Beat butter and sugar in a small bowl with an electric mixer until combined.

 Beat in egg yolk. Stir in sifted dry ingredients and golden syrup to form a soft dough.

 Knead dough on a floured surface until smooth. Divide dough in half;

 enclose in plastic wrap, refrigerate for 1 hour.
- Roll each portion of dough between sheets of baking paper until 5mm (¼in) thick Freeze 15 minutes to firm.
 - 3. Preheat oven to 180°C/350°F. Line two oven trays with baking paper.
- 4. Cut out 24 large, 12 medium, 16 small and 16 smallest stars with cutters, re-rolling scraps of dough as necessary. Place the two smaller sized stars on one tray and medium and large stars on the second tray.
 - Bake larger stars for 15 minutes and smaller stars for 12 minutes or until lightly coloured; cool on trays.
 - 6. Meanwhile, make roval icina
- 7. Draw a 25cm (10in) round on two pieces of baking paper, turn paper, marked-side down on work surface. Spoon icing into a piping bag fitted with a small plain tube. Following the shape of the marked circle, arrange stars into a wreath shape 'glueing stars to one another with icing. Stand wreaths at room temperature until set. Just before serving, dust with icing sugar.

Royal icing

Beat egg white in a small bowl with electric mixer until frothy; gradually beat in enough sifted icing sugar until mixture is a piping consistency Keep icing covered with a damp tea towel to prevent it drying out.

Tips

Biscuits will keep in an airtight container at room temperature tor up to 2 weeks

